**International Character Dance Syllabus**

**Schedule - Teacher Training Seminar 3**

**Level 3**

**Perth, October 3rd & 5th 2015**

**Day 1 (Sat. 3rd)**

Session 1 09.30am – 11.00am Orientation; Introduction; Audio/Visual Display

Session 2 11.15am – 12.45pm Barre Exercises

Lunch Break

Session 3 01.15pm – 03.00pm Barre Exercises (continued)

Session 4 03.15pm – 05.00pm Analysis; Q & A

*\*Every effort will be made to remain on schedule*

**Day 2 (Mon. 5th Oct.)**

Session 1 09.30am – 10.30am Audio-visual display/lecture

Session 2 10.45am – 12.30pm Centre Exercises

Lunch Break

Session 3 01.00pm – 02.30pm Centre Exercises (continued)

Session 4 02.45pm – 03.45pm Putting Enchainements Together

Session 5 04.00pm – 05.00pm Review; Q & A

*\*Every effort will be made to remain on schedule*

**Venue: 41 Great Eastern Highway, Rivervale, WA**

Studios of the West Australia Conservatoire of Classical Ballet

**Q. What do I need to wear?**

A. Close-fitting, stretchable clothing suitable for dancing will be required in practical sessions. A light chiffon or georgette skirt may be worn as long as the hem is not below the knee. Leather Character shoes or boots will be required for Levels 3. Soft, flat ballet shoes will be required for some exercises from Level 3 upwards. Please also bring comfortable clothing to wear over dance-wear for analytical sessions and to keep warm between practical sessions. You may also wish to bring a face-washer or small towel to refresh between sessions.

**Q. What do I need to bring?**

A. You will need writing implement/s and note book.

Please bring snacks and drinks which will give you energy and support focused concentration.

There will be a 15-minute break between sessions and a half hour lunch break on each day. There is a small shopping centre next to the studio and lunch may be purchased there. Alternatively, you may bring your own packaged food. Some kitchen facilities (refrigerator, kettle, microwave, tea, coffee, milk, cups) are available at the studios. (Please bring your own disposable dishes/cutlery) In respect to our host, it would be appreciated if the kitchen is left clean & tidy at the end of each day.