**Schedule - Teacher Training Seminar 1**

**Levels 1 & 2**

**Brisbane - July 2nd and 4th 2015**

**Day 1 (Thursday 2nd)**

Session 1 09.30am – 11.00am Orientation; Introduction; Audio/Visual Display

Session 2 11.15am – 12.45pm Barre Exercises (Level 1)

Lunch Break

Session 3 01.15pm – 03.00pm Barre Exercises (Level 2)

Session 4 03.15pm – 05.00pm Analysis; Q & A

**Day 2 (Saturday 4th)**

Session 1 09.30am – 10.30am The Language of Dance

Session 2 10.45am – 12.30pm Centre Exercises (Level 1)

Lunch Break

Session 3 01.00pm – 02.30pm Centre Exercises (Level 2)

Session 4 02.45pm – 03.45pm Putting Enchainements Together

Session 5 04.00pm – 05.00pm Review; Q & A

*\*Every effort will be made to remain on schedule*

**Venue: Premier Dance Academy - Brisbane**

**Q. What do I need to wear?**

A. Close-fitting, stretchable clothing suitable for dancing will be required in practical sessions. A light chiffon or georgette skirt may be worn as long as the hem is not below the knee. Character shoes or boots will be required for Levels 1 & 2. Soft, flat ballet shoes will be required for some exercises from Level 3 upwards. Please also bring comfortable clothing to wear over dance-wear for analytical sessions and to keep warm between practical sessions. You may also wish to bring a face-washer or small towel to refresh between sessions.

**Q. What do I need to bring?**

A. You will need writing implement/s and note book.

Please bring snacks and drinks which will give you energy and support focused concentration.

There will be a 15-minute break between sessions and a half hour lunch break on each day. You may bring your own packaged food. Some kitchen facilities are available at the studios. (Please bring your own disposable dishes/cutlery). In respect to our host, it would be appreciated if kitchen is left clean & tidy at the end of each day.